

INTRODUCTION

Taekwondo was introduced in the year 1955 by Koreans; this martial art is mostly performed by them. This game is regulated in Olympics since 2000 under the rules and regulations of world taekwondo federation.

Taekwondo is characterized by its emphasis on kicks in jumping and spinning techniques.

He learning this game from the age of 8 till now,

He has secured his gold medal in state level championship conducted by Sports Development Authority of Tamilnadu, during my 10th standard.

And he got sports quota seat in PSG Polytechnic College in the year 2013.



State level gold medal in 2013.



2014 secured senior category **State level Bronze medal** under TAEKWONDO FEDERATION OF INDIA.



2015 secured senior category **state level bronze medal** under TAEKWONDO FEDERATION OF INDIA.



2015 secured senior category national level gold medal under TAEKWONDO BOARD OF INDIA.



Final match with Indian team player and won the match



Student with Principal and HOD of Mechanical Department.

